

## Checklist for your flight to the USA

If you want to travel to the USA, you will most likely have a long flight ahead of you. That also means you need to prepare a thing or two for your trip.

The following checklist provides helpful tips and give you informative links to plan your journey in more detail. Make sure you won't forget anything important and are well prepared when you make your way to America.

### 1. General Travel Preparation

- Watch and compare flight prices
- Get a travel insurance
- Select comfortable clothes for your flight
- Weight luggage at home and buy excess luggage online if needed
- Organize books, magazines, audio books, music playlists and such for entertainment
- Buy a power converter
- Download a dictionary app or organize a dictionary
- Buy compression socks
- Organize your liquids in a plastic zip bag

### 2. Documents

- Apply for [ESTA](#) or [visa](#)
- Check your [ePassport](#) for validity and apply for a new one if necessary
- Check your [vaccinations](#) and get a booster if necessary
- Collect all important travel documents and place them in a separate folder

### 3. Hand Luggage

- Folder with your travel documents
- Drugs, incl. doctor's certificate for prescription drugs
- Tooth brush
- Books or magazine
- Headphones
- Additional shirt to change after the flight
- Additional socks
- Chewing gum, candy or special ear plugs to reduce pressure
- Liquids in a plastic zip bag

### 3. Before Departure

- Use online check-in
- Be at the airport at least 3 hours before departure
- Prepare your security check while lining up (e.g. taking off your belt, emptying your pockets etc.)
- Make your way to the gate early enough

### 4. During Your Flight

- Use chewing gum, candy and ear plugs to prevent painful ears due to pressure
- Change the time on your phone and watch and sleep / stay awake according to the new time zone to minimize jetlag
- Get up often, move your legs and drink plenty of water to prevent thrombosis
- Use the in-flight entertainment system
- Fill in the white and blue customs form the cabin crew will hand out
- Use the free WIFI at the airport in the USA to prevent high roaming costs